

**EARN AN OSHA CERTIFICATE IN
CONSTRUCTION, GENERAL INDUSTRY
OR MARITIME INDUSTRY**

► **STEPS TO COMPLETE**

- Complete a total of 7 courses, comprised of 3 required courses and at least 4 elective courses. A minimum total of 68 contact hours must be completed for the Construction and General Industry Certificates and 77 contact hours for the Maritime Certificate. All required and elective courses are listed on page 2.
- Register for courses at <https://www.oshamidatlantic.org/>. Courses taken at other OTI Education Centers are transferable toward the certificate programs.

► **STEPS TO APPLY**

- Once training requirements are completed, fill out the application found on the MAOTIEC website - <https://www.oshamidatlantic.org/certificate-programs/>.
- Submit copies of all applicable course certificates with your application. Even if you took all of your courses with MAOTIEC, we still need copies of all course certificates in order to process your application.
- The processing fee for each certificate application is \$95.00. Checks made payable to: Chesapeake Region Safety Council, or call with credit card.

Please allow approximately 4 -6 weeks for processing.

Contact us at 877-700-6212 or email

info@oshamidatlantic.org with any questions.



OSHA SAFETY & HEALTH
FUNDAMENTALS
CERTIFICATE PROGRAM FOR
CONSTRUCTION

OSHA SAFETY & HEALTH
FUNDAMENTALS
CERTIFICATE PROGRAM FOR
GENERAL INDUSTRY

OSHA SAFETY & HEALTH
FUNDAMENTALS
CERTIFICATE PROGRAM FOR
THE MARITIME INDUSTRY

Required OSHA # courses	Contact Hours	Required OSHA # courses	Contact Hours	Required OSHA # courses	Contact Hours
<input type="checkbox"/> #510 Occupational Safety and Health Standards for the Construction Industry	26	<input type="checkbox"/> #511 Occupational Safety and Health Standards for General Industry	26	<input type="checkbox"/> #5410 Occupational Safety and Health Standards for the Maritime Industry	35
<input type="checkbox"/> #7500 Introduction to Safety and Health Management	5.5	<input type="checkbox"/> #7500 Introduction to Safety and Health Management	5.5	<input type="checkbox"/> #7500 Introduction to Safety and Health Management	5.5
<input type="checkbox"/> #7505 Introduction to Incident (Accident) Investigation	7.5	<input type="checkbox"/> #7505 Introduction to Incident (Accident) Investigation	7.5	<input type="checkbox"/> #7505 Introduction to Incident (Accident) Investigation	7.5
Elective courses - select at least four		Elective courses - select at least four		Elective courses - select at least four	
<input type="checkbox"/> #521 OSHA Guide to Industrial Hygiene	26	<input type="checkbox"/> #521 OSHA Guide to Industrial Hygiene	26	<input type="checkbox"/> #521 OSHA Guide to Industrial Hygiene	26
<input type="checkbox"/> #2225 Respiratory Protection	26	<input type="checkbox"/> #2225 Respiratory Protection	26	<input type="checkbox"/> #2225 Respiratory Protection	26
<input type="checkbox"/> #2255 Principles of Ergonomics	18	<input type="checkbox"/> #2255 Principles of Ergonomics	18	<input type="checkbox"/> #2255 Principles of Ergonomics	18
<input type="checkbox"/> #3095 Electrical Standards	26	<input type="checkbox"/> #3095 Electrical Standards	26	<input type="checkbox"/> #3095 Electrical Standards	26
<input type="checkbox"/> #2264 Permit-Required Confined Space Entry	20	<input type="checkbox"/> #7105 Introduction to Evacuation and Emergency Planning	4	<input type="checkbox"/> #7105 Introduction to Evacuation and Emergency Planning	4
<input type="checkbox"/> #7105 Introduction to Evacuation and Emergency Planning	4	<input type="checkbox"/> #7845 Recordkeeping Rule Seminar	4	<input type="checkbox"/> #7845 Recordkeeping Rule Seminar	4
<input type="checkbox"/> #3085 Principles of Scaffolding	22	<input type="checkbox"/> #7000 OSHA Training Guidelines for Safe Patient Handling	7.5	<input type="checkbox"/> #2015 Hazardous Materials	26
<input type="checkbox"/> #7845 Recordkeeping Rule Seminar	4	<input type="checkbox"/> #7005 Public Warehousing and Storage	7	<input type="checkbox"/> #2055 Cranes in Construction	22.5
<input type="checkbox"/> #7110 Safe Bolting: Principles and Practices	7	<input type="checkbox"/> #7115 Lockout/Tagout	7.5	<input type="checkbox"/> #3085 Principles of Scaffolding	22
<input type="checkbox"/> #7205 Health Hazard Awareness	6	<input type="checkbox"/> #7200 Bloodborne Pathogens Exposure Control for Healthcare Facilities	7	<input type="checkbox"/> #3115 Fall Protection	18
<input type="checkbox"/> #7215 Silica in Construction, Maritime, and General Industries	7	<input type="checkbox"/> #7205 Health Hazard Awareness	6	<input type="checkbox"/> #7005 Public Warehousing and Storage	7
<input type="checkbox"/> #7300 Understanding OSHA's Permit-Required Confined Space Standard	7	<input type="checkbox"/> #7210 Pandemic Illness Preparedness	5.5	<input type="checkbox"/> #7115 Lockout/Tagout	7.5
<input type="checkbox"/> #7400 Occupational Noise Exposure	7.5	<input type="checkbox"/> #7215 Silica in Construction, Maritime, and General Industries	7	<input type="checkbox"/> #7120 Introduction to Combustible Dust Hazards	6.5
Choose one:		Choose one:		Choose one:	
<input type="checkbox"/> #3015 Excavation, Trenching, and Soil Mechanics or	20	<input type="checkbox"/> #2045 Machinery and Machine Guarding Standards or	26	<input type="checkbox"/> #7205 Health Hazard Awareness	6
<input type="checkbox"/> #7410 Managing Excavation Hazards	6.5	<input type="checkbox"/> #7100 Introduction to Machinery and Machine Safeguarding	4	<input type="checkbox"/> #7215 Silica in Construction, Maritime, and General Industries	7
Choose one:		Choose one:		Choose one:	
<input type="checkbox"/> #3115 Fall Protection or	18	<input type="checkbox"/> #2264 Permit-Required Confined Space Entry or	20	<input type="checkbox"/> #2045 Machinery and Machine Guarding Standards or	26
<input type="checkbox"/> #7405 Fall Hazard Awareness for the Construction Industry	5.5	<input type="checkbox"/> #7300 Understanding OSHA's Permit-Required Confined Space Standard	7	<input type="checkbox"/> #7100 Introduction to Machinery and Machine Safeguarding	4
Choose one:		Choose one:		Choose one:	
<input type="checkbox"/> #2264 Permit-Required Confined Space Entry or		<input type="checkbox"/> #7300 Understanding OSHA's Permit-Required Confined Space Standard		<input type="checkbox"/> #2264 Permit-Required Confined Space Entry or	20
				<input type="checkbox"/> #7300 Understanding OSHA's Permit-Required Confined Space Standard	7